



CHECKLIST

Responding to a request for gambling money

- ☐ State your refusal plainly at the start of the conversation

- ☐ Acknowledge their difficulty without agreeing to lend money

- ☐ Offer to pay a bill directly or accompany them to a support service

- ☐ Repeat your refusal if they push back, without elaborating

- ☐ End the conversation if it becomes hostile

- ☐ Direct them to GamCare or BeGambleAware if they are ready to talk

- ☐ Hold your boundary even if other family members disagree
